

Self Help, Inc 2017

Annual report

Total Families Served: 1500

Total children Served: 2455

211 Information and Referral calls: 440

211 website visits: 4868

Los Alamos Mental Health Access Project website visits: 2724

Self Help, Inc. had a wonderful year serving our communities.

Primary activities are:

Salvation Army Agency for Los Alamos County

Los Alamos Emergency Fund for LA, RA, Taos, SF Counties

Los Alamos Mental Health Access Project

211 Information and Referral for LA, RA, Taos, SF, Mora, San Miguel Counties

Distribution of Warm Clothing through JJAB/Los Alamos Public Schools



Ellen Morris Bond of Self Help, Inc. with Alyssa Romero, school counselor

It Takes a Generous Village.....

Sometimes in the process of our work, we meet a person who is extremely resilient and impressive in the way they handle a rapidly changing situation. The person is faced with a question or challenge, and they take the road that is more difficult, sacrificing their own desires and needs.

Such a person is David O. from a small town in northern New Mexico. David's partner became pregnant gave birth, but she was unable maintain custody of the baby. David stepped into the role of both mother and father and did it with courage. Though he was new to the town he and his son were living in, he found housing and held down two jobs. He was able to get assistance with childcare from state programs so that he could support the needs of his new born son.

When he contacted our office, he was struggling to meet rent payments. Rental assistance was provided to him through the United Way of NNM /LA Emergency Fund and a local church. In conversing with him about his situation, our staff learned that he only had a bicycle to transport his son to daycare and to travel to his jobs. He was somehow managing this challenge as well.

Meanwhile, a family who had been helped by our agency a decade ago approached the organization with the donation of a car. It seemed obvious to us that the car was meant for David.

Shortly after the donation and local person offered to donate the costs of repairing the car and making it road-worthy. She paid for a thorough check up, the title and registration, and a \$200 gas card. A call to a local pregnancy center produced the purchase/donation of a car seat by one of their volunteers.

Though the situation David faces continues to be stressful, he still remains optimistic. He said," I did not know how I was going to handle all of this, but the help you provided made so many more things possible for us."



(not the actual family)